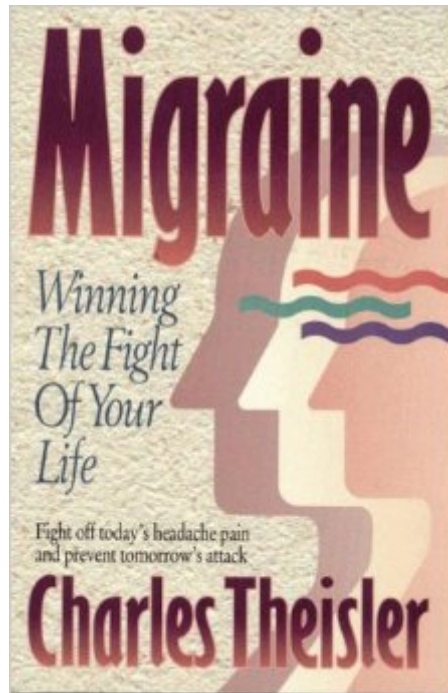


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# Migraine: Winning The Fight Of Your Life



## Synopsis

A sufferer's guide to relieving today's headache pain and preventing tomorrow's attack.

## Book Information

Paperback: 164 pages

Publisher: Starburst Publishers (November 25, 1995)

Language: English

ISBN-10: 0914984632

ISBN-13: 978-0914984634

Product Dimensions: 8.3 x 5.4 x 0.5 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #5,124,445 in Books (See Top 100 in Books) #44 in [Books > Medical Books > Medicine > Internal Medicine > Neurology > Headache](#) #5480 in [Books > Medical Books > Psychology > Neuropsychology](#) #6361 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Neuropsychology](#)

## Customer Reviews

I have had this book for years & ordered one for a friend. It is VERY informative not only about the disease, but about the social issues a migraine sufferer has as a result of the disease. It also is very informative in knowing what triggers can cause a migraine & just knowing them & staying away from them has helped me immensely over the years. I use this book almost as much as my dictionary, as I have suffered migraines most of my life.

Great book! It helped me to find out what kind of migraine I have and how to manage it the best way. Before that I was always afraid to make appointments, because "What if I get head-ache that day?" I've missed a lot of meetings (at work) and private programs. Now I can handle it quite well, I've learned a lot from dr. Theisler! It's a bit like "I've got my life back" ! Thanks!

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Headaches (American Academy of Neurology Press Quality of Life Guide Series) The Migraine Miracle: A Sugar-Free, Gluten-Free, Ancestral Diet to Reduce Inflammation and Relieve Your Headaches for Good The Migraine Brain: Your Breakthrough Guide to Fewer Headaches, Better Health Headache and Your Child: The Complete Guide to Understanding and Treating Migraine and Other Headaches in Children and Adolescents The Natural Migraine Solution: 6 Secrets to Heal Your Headache Naturally Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating) Democracy Matters: Winning the Fight Against Imperialism Herbs and Nutrients for Neurologic Disorders: Treatment Strategies for Alzheimer's, Parkinson's, Stroke, Multiple Sclerosis, Migraine, and Seizures Prevent Wind Diseases: DIY Cure Stiff-Neck Pain, Migraine Headache, Edema, and Brain Tumor Headache Free: Relieve Migraine, Tension, Cluster, Menstrual and Lyme Headaches Understanding Migraine and Other Headaches (Understanding Health and Sickness Series) Migraine and Other Headaches Migraine Migraine in Women, Second Edition The Natural Way Migraine/a Comprehensive Guide to Effective Treatment Migraine and Periodic Headache: A Modern Approach to Successful Treatment

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